FREQUENTLY ASKED QUESTIONS

1. If I do not take the College’s medical insurance, do I have to participate in any of the Wellness events?
   - No, but you are more than welcome to participate in any of the events. The purpose of the wellness program, Wellness Connector, is to promote the health and well-being of our employees.

2. I don’t take the College’s medical insurance now but I may need to next year, what should I do?
   - If there is a chance that you may want to elect the College’s medical insurance than you would need to complete the participation requirements.

3. What are the participation requirements to receive the deductible?
   - Employees who elect the College’s medical coverage effective July 1, 2014, and wish to receive the College's HSA contribution ($2,500, single or $5,000, family) must complete the following components by June 30, 2014:
     1. A Health Risk Assessment (HRA) provided by TriHealth. For assistance with completing the health risk assessment (H.R.A.), please refer to the enclosure, “How to Complete my Health Risk Assessment.” The health risk assessment is also located on our website under the faculty and staff quick links and on the employee benefits page under medical insurance.
     2. Attend one health and wellness event offered throughout the year. Events that meet the Wellness Connector criteria, and have been selected specifically for this effort are listed on the enclosed, Wellness Connector Calendar of Events. There will be at least one event a month offered that qualifies for program credit.

4. Does my family have to complete the Health Risk Assessment (H.R.A)?
   - No, only the employee has to complete the Health Risk Assessment (H.R.A.).

5. If I am unable to attend one of the on-campus wellness events, what are my options?
   - You have a couple of options:
     1. You can view a wellness webinar through the College’s training portal. Please note that you have to select one of the wellness webinar’s from the SSSC Health and Wellness Presentations catalog. Other training courses do not qualify as wellness credit.
     2. You can sign up for an ergonomic workspace evaluation. Greg Nartaker with the Bureau of Workers Compensation (B.W.C.) will conduct these evaluations. In order to schedule the evaluation, please contact Rachel Hall at rhall@sscc.edu.
6. Who is going to have access to the information that I disclose in the Health Risk Assessment (H.R.A.)?
   • The information is being collected by a third-party, TriHealth. Your personal information will not be disclosed to the College or anyone that works at the College. The information will be compiled so that we have a better sense of the kinds of health conditions that our employee’s face in order to plan health and wellness events accordingly.

7. Do I have to have my Health Test numbers in order to complete the Health Risk Assessment?
   • No, you do not have to have your numbers in order to complete the Health Risk Assessment (H.R.A.). This information would be helpful in order to plan appropriate health and wellness events next year but it is not a requirement.