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## Southern State Announces 2024-25 Professional Development Courses – Sign up Today!

Southern State will host a series of professional development courses open to the public. The first session begins July 23, 2024, and registration is required.

Designed to meet the evolving needs in the workplace, this program will offer a variety of specialized courses. Whether an individual is a seasoned professional looking to improve management skills or just entering the workforce, this program will address common practices in the employment setting as well as enhance management expertise.

Filomena Nelson, owner of APEx Training Associates, leads the sessions. With 25 years of experience as a coach, facilitator, and educator, Nelson's expertise and focus are on communication skills, leadership development, and organizational development. She has partnered extensively with both individuals and teams, enhancing their skills to meet the needs of today's fast-paced, always-changing work environments.

While some of these topics were offered in the spring, the lineup includes new content as well. The cost of each session varies. All courses are one-day training modules with a certificate of completion provided at the conclusion. There is a cap of 25 registrants, so early registration is encouraged. Attendees can choose which topics they are most interested in.

Programming will be offered at the Central Campus, 100 Hobart Drive in Hillsboro, and includes:

- **Emotional Intelligence in the Workplace** – Tues., July 23, 2024, from 8 a.m. – 12 p.m.
- **Workplace DiSC: Appreciating Diverse Styles** – Wed., August 14, 2024, from 8 a.m. – 4 p.m. and Wed., January 15, 2025, from 8 a.m. – 4 p.m.
- **Assertive Communication Skills with Interpersonal Influences** – Thurs., August 22, 2024, from 8 a.m. – 4 p.m.
- **Communication 360** – Tues., September 24, 2024, from 8 a.m. – 12 p.m.
- **Building your Influencing Skills** – Tues., October 1, 2024, from 8 a.m. – 4 p.m.
- **Navigating Difficult Conversations** – Wed., October 23, 2024, from 8 a.m. – 4 p.m.
- **Becoming More Confident at Giving Feedback and Less Anxious about Receiving it** – Wed., November 6, 2024, from 8 a.m. – 12 p.m.
- **Managing Conflict with Confidence** – Thurs., January 16, 2025, from 8 a.m. – 12 p.m.
- **Moving from Peer to Supervisor** – Tues., March 5, 2025, from 8 a.m. – 4 p.m.
- **Adapting to and Leading Change** – Thurs., March 20, 2025, from 8 a.m. – 12 p.m. and Tues., May 13, 2025, from 8 a.m. – 12 p.m.
- **Working More Effectively with your Leader** – Thurs., April 10, 2025, from 8 a.m. – 12 p.m.
- **Strategies for Improving Relationships with Colleagues** – Tues., April 22, 2025, from 8 a.m. – 12 p.m.
- **Customer Service: Building Better Relationships** – Tues., May 20, 2025, from 8 a.m. – 12 p.m.

"Offering these professional development courses helps Southern State to continue its ongoing commitment to supporting the growth and success of individuals in our community," said Amy McClellan, Executive Director of Workforce Development at Southern State Community College.

"By providing accessible and high-quality learning experiences, we strive to contribute to the development of a skilled and competitive workforce," she added.

To learn more about these professional development opportunities, please call McClellan at 800.628.7722, Ext. 3510 or email [amcclellan@sccc.edu](mailto:amcclellan@sccc.edu).

To register, please visit <https://www.sccc.edu/academics/short-term-training/professional-development.shtml>.

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