



# Your new meter is waiting for you.

If you have diabetes, you know how important it is check your blood glucose levels regularly. We want to help – with a new, **no-cost OneTouch blood glucose meter**. It's part of your prescription plan and ordering is easy.

## Order your new meter today

- 1 Visit [Caremark.com/ManagingDiabetes](https://www.caremark.com/ManagingDiabetes)
- 2 Select *Request a Meter*
- 3 Follow the instructions on the screen

While you're there, you can learn more about your new meter.

You'll need to get a new prescription for OneTouch test strips from your doctor. If you need help, don't worry we can contact your doctor and request one for you.



**Have questions?**  
Visit [Caremark.com/ManagingDiabetes](https://www.caremark.com/ManagingDiabetes)  
for more information.