

Sexual Assault & Prevention

BIT Meeting – Training

May 26, 2021



SOUTHERN STATE
COMMUNITY COLLEGE

Part I

Individual and Collective Factors





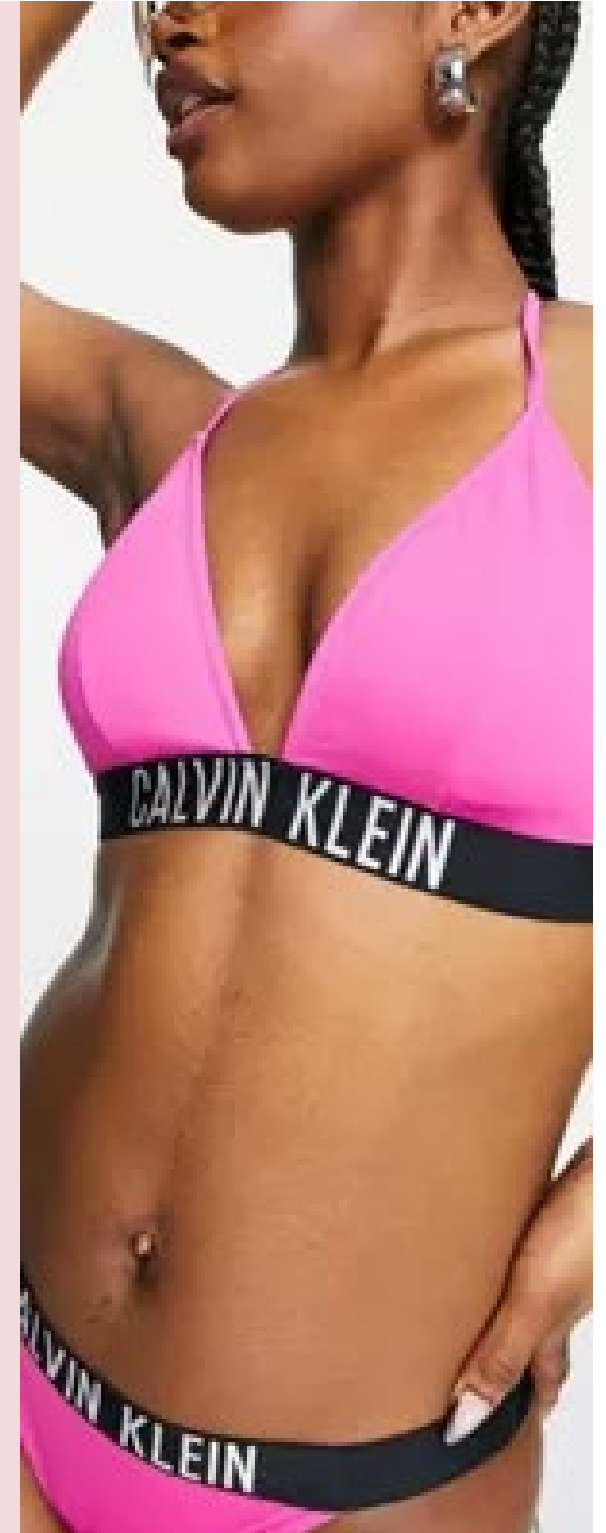
Sex, sex,
sex?!?



We have a rather
confusing relationship
with SEX.

- Advertising
- Television
 - Music
 - Movies
- Let's just not talk about it.

(What is being
communicated?)



Television Shows

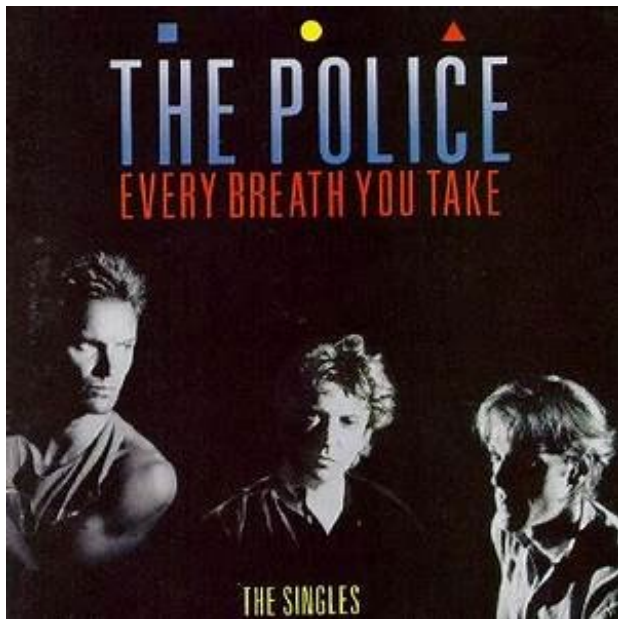
- Barney Stinson – *How I Met Your Mother*
- Charlie – *Three and a Half Men*

What do you notice in these television shows?

- Themes?
- Messages?



Every Breath You Take



Every breath you take
Every move you make
Every bond you break
Every step you take
I'll be watching you

Every single day
Every word you say
Every game you play
Every night you stay
I'll be watching you

Oh, can't you see
You belong to me
How my poor heart aches
With every step you take

Freak Like Me

animalistic terms. Meow!**Sexiest lyric:** "Cause I will be a freak until the day until the dawn/ And we can pump, pump all through the night till the early morn"



Retrieved May 26, 2021:<https://www.billboard.com/articles/list/959432/the-50-sexiest-songs-of-all-time>



Movies

What do these things say about..

- Our culture?
- Us?
- The way we see and deal with sex?



Our Sexual Shadow?



Stereotypes & Contradictions?

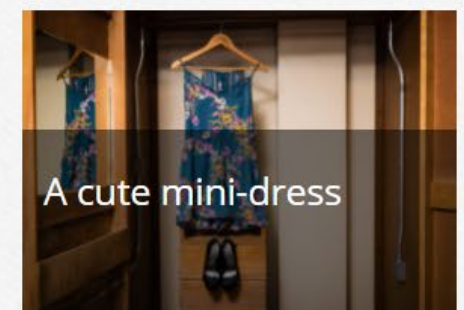
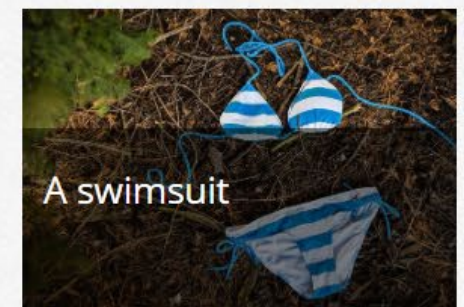
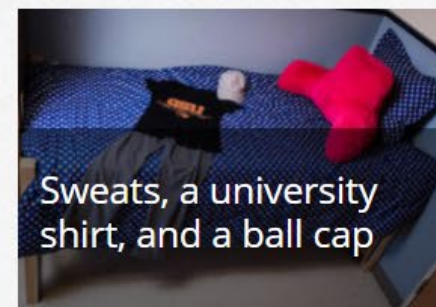
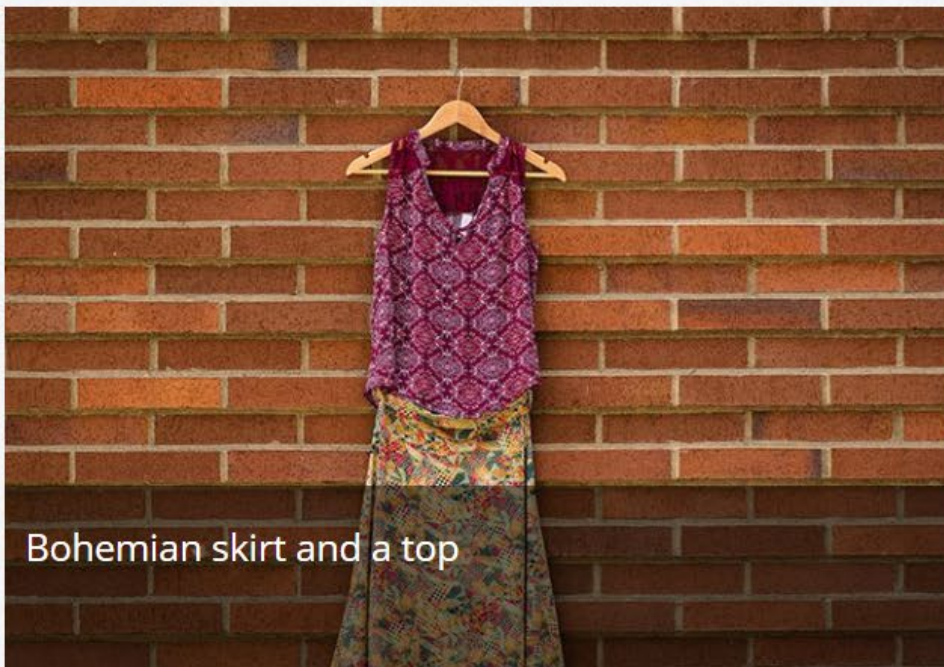
“We always tell our daughters to watch how they dress.”

Southern State Community College Students
Attending a Sexual Assault Training

What is the message or assumption here?

Clothing of Sexual Assault Victims

HEAR THEIR STORIES



<https://www.forestry.oregonstate.edu/stories>

Stereotypes & Contradictions?



Michele Dauber 

@mldauber



#brockturner father: son not "violent" only got "20 mins of action" shouldn't have to go to prison.
@thehuntingground

As it stands now, Brock's life has been deeply altered forever by the events of Jan 17th and 18th. He will never be his happy go lucky self with that easy going personality and welcoming smile. His every waking minute is consumed with worry, anxiety, fear, and depression. You can see this in his face, the way he walks, his weakened voice, his lack of appetite. Brock always enjoyed certain types of food and is a very good cook himself. I was always excited to buy him a big ribeye steak to grill or to get his favorite snack for him. I had to make sure to hide some of my favorite pretzels or chips because I knew they wouldn't be around long after Brock walked in from a long swim practice. Now he barely consumes any food and eats only to exist. These verdicts have broken and shattered him and our family in so many ways. His life will never be the one that he dreamed about and worked so hard to achieve. That is a steep price to pay for 20 minutes of action out of his 20 plus years of life. The fact that he now has to register as a sexual offender for the rest of his life forever alters where he can live, visit, work, and how he will be able to interact with people and organizations. What I know as his father is that incarceration is not the



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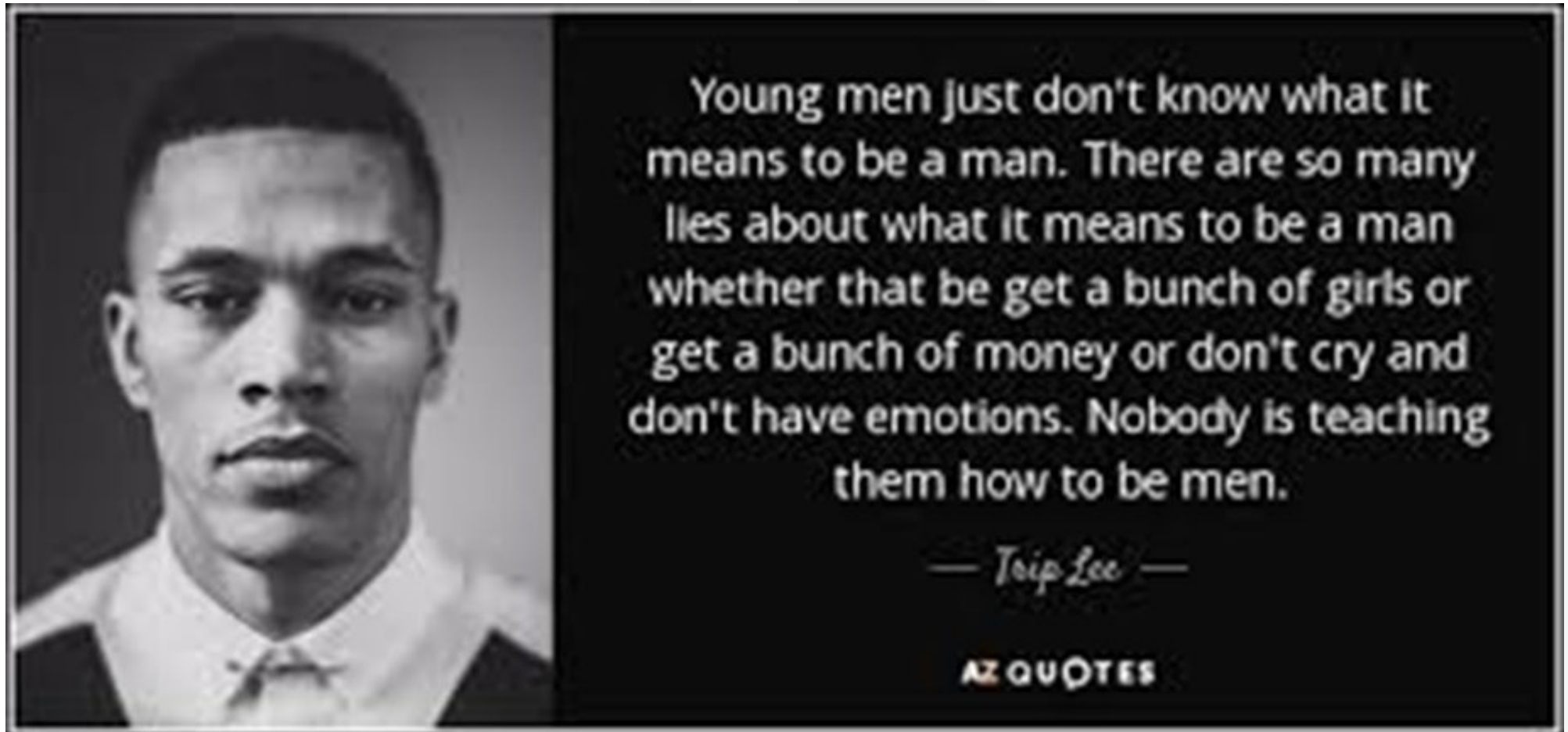
Socialization of Boys & Girls



<https://www.google.com/search?q=tet+talk+joe+ehrmann&bih=470&biw=1047&hl=en&sxsrf=ALeKk01Uq-drxpLF46QAfNTz0Zs>



Thoughts &
Observations?



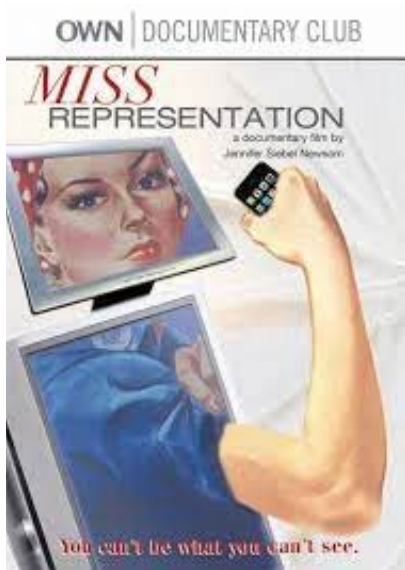
Pastor and Christian Rapper



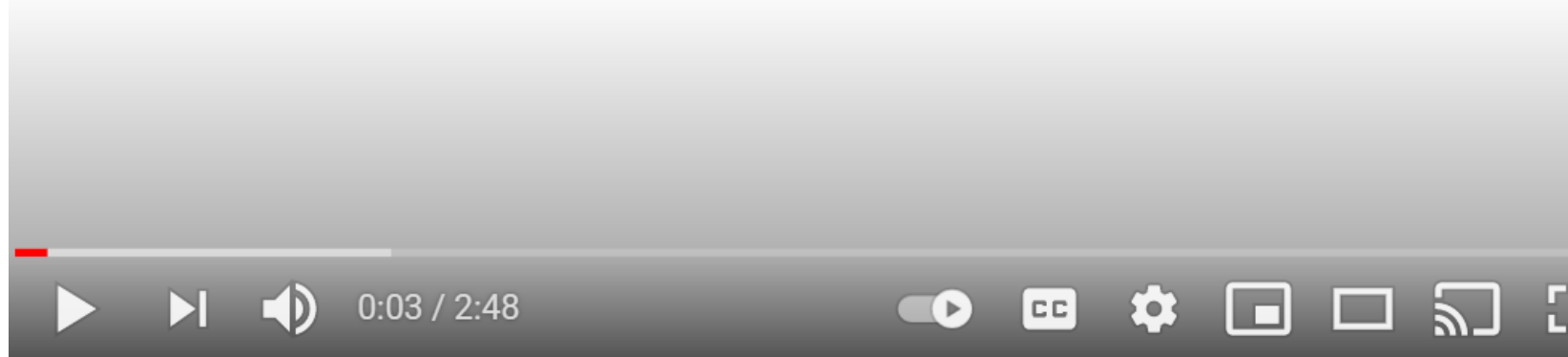
Miss Representation



Miss Representation Trailer



"The most common way people give up their power is by thinking they don't have any."



<https://www.youtube.com/watch?v=W2UZZV3xU6Q>



Thoughts &
Observations?

Based on our discussion at this point...



- How would you describe the problem of sexual assault?
- What is it essentially about?
- Is it media hype?
- People trying to PC?
- Just a bunch of irresponsible college kids? Drunken behavior? Careless partying?

Sexual Assault is Power and Control



Carl's Thoughts

“Wholeness is not achieved by cutting off a portion of one’s being, but by integration of the contraries.”

-C. G. Jung



Toxic Masculinity as Persona

“Whoever looks into the mirror of the water will see first of all his own face. Whoever goes to himself risks a confrontation with himself. The mirror does not flatter, it faithfully shows whatever looks into it; namely, the face we never show to the world because we cover it with the persona, the mask of the actor. But the mirror lies behind the mask and shows the true face.”

- CG Jung



Part II

Sexual Assault



What constitutes sexual assault?



Sexual Assault Includes

- Rape—sexual intercourse against a person's will
- Forcible sodomy—anal or oral sex against a person's will
- Forcible object penetration—penetrating someone's vagina or anus, or causing that person to penetrate her or himself, against that person's will

Sexual Assault Examples (Continued)



- Martial Rape
- Unwanted sexual touching
- Sexual contact with minors, whether consensual or not
- Incest (Sexual intercourse or sexual intrusion between family members.)
- Any unwanted or coerced sexual contact

(Marshall University, Women's & Gender Center;
<https://www.marshall.edu/wcenter/sexual-assault/types-of-sexual-assault/>)

Consent: A Core Factor

What is consent?

How does one know?

What does it consist of?



	Example	Yes	No
1.0	We have been dating and had sex for the first-time last week. We can do it again.		
2.0	I found her drunk and passed out. He has “20 minutes of action.”		
3.0	She is drinking at a bar and obviously likes me. She has a low-cut top on and leans forward several times. She kisses me and touches my butt. I can get lucky!		
4.0	Sue tells a friend, “I picked up this guy in a bar and he is drunk and interested in me. We go back to my apartment. I say, ‘Want to get naked, and do it?’ “ He slurs, “Yes,” as he unbuttons his shirt and kicks off his shoes.		
5.0	It is magic! We are in bed kissing passionately, she told me how much she wants this. I am really worked up and suddenly, she says, “I am sorry, I just cannot do this.” At this point, what do I do?		
6.0	She looks deeply in my eyes. There is candlelight and soft music; everything is perfect. We hold each other and move to the bed. I ask, “Are you ok with this?” She says, “More than you know.”		



	Example	Yes	No
1.0	We have been dating and had sex for the first-time last week. We can do it again.		X
2.0	I found her drunk and passed out. He has “20 minutes of action.”		X
3.0	She is drinking at a bar and obviously likes me. She has a low-cut top on and leans forward several times. She kisses me and touches my butt. I can get lucky!		X
4.0	Sue tells a friend, “I picked up this guy in a bar and he is drunk and interested in me. We go back to my apartment. I say, ‘Want to get naked, and do it?’ “ He slurs, “Yes,” as he unbuttons his shirt and kicks off his shoes.		X
5.0	It is magic! We are in bed kissing passionately, she told me how much she wants this. I am really worked up and suddenly, she says, “I am sorry, I just cannot do this.” At this point, what do I do?		X
6.0	She looks deeply in my eyes. There is candlelight and soft music; everything is perfect. We hold each other and move to the bed. I ask, “Are you ok with this?” She says, “More than you know.”	X	



Characteristics of Consent

Is freely given

Can be taken back

The person must be capable of making the decision – mentally and physically

Not made under threat or coercion
(Consider power differential)

Clear and not assumed

What consent is NOT!

- A slurred verbal response (Impairment or incapacitation by alcohol or drugs)
- Physiological signs that are involuntary and associated with arousal, etc.
- A partner who is disengaged, nonresponsive, or visibly upset
- Assuming the wearing certain clothes, flirting, or kissing is an invitation for anything more
- Someone being under the legal age of consent, as defined by the state
- Pressuring someone into sexual activity by using fear or intimidation
- Assuming you have permission to engage in a sexual act because you've done it in the past

Retrieved May 26, 2021:
<https://www.rainn.org/articles/what-is-consent>

Part III

Sexual Assault Safety & Intervention



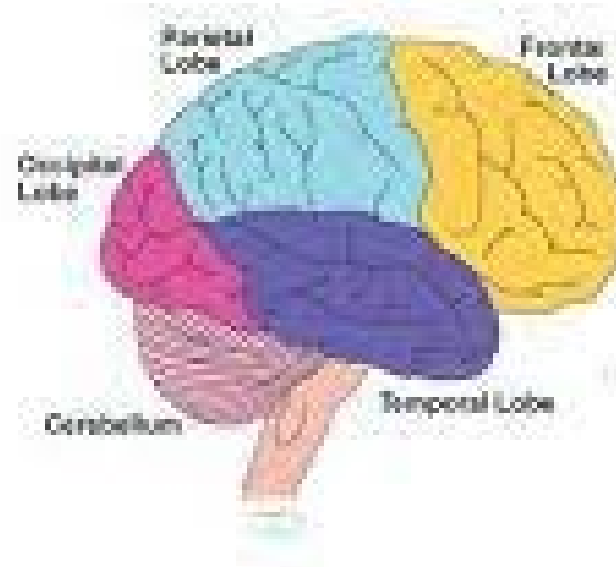
What would you tell your kids?

- How does college function as a rite of passage?
- How does one stay safe today?
- What are the developmental pitfalls?



Executive Function & the Brain

Executive Functioning



Frontal lobe is responsible for much of the executive functioning of the brain.

These functions include:

- Attention
- Working memory
- Planning, organizing
- Forethought
- Impulse control

Drinking



Sixteen Ounces



Average 8 Ounces



Watch Your Drink



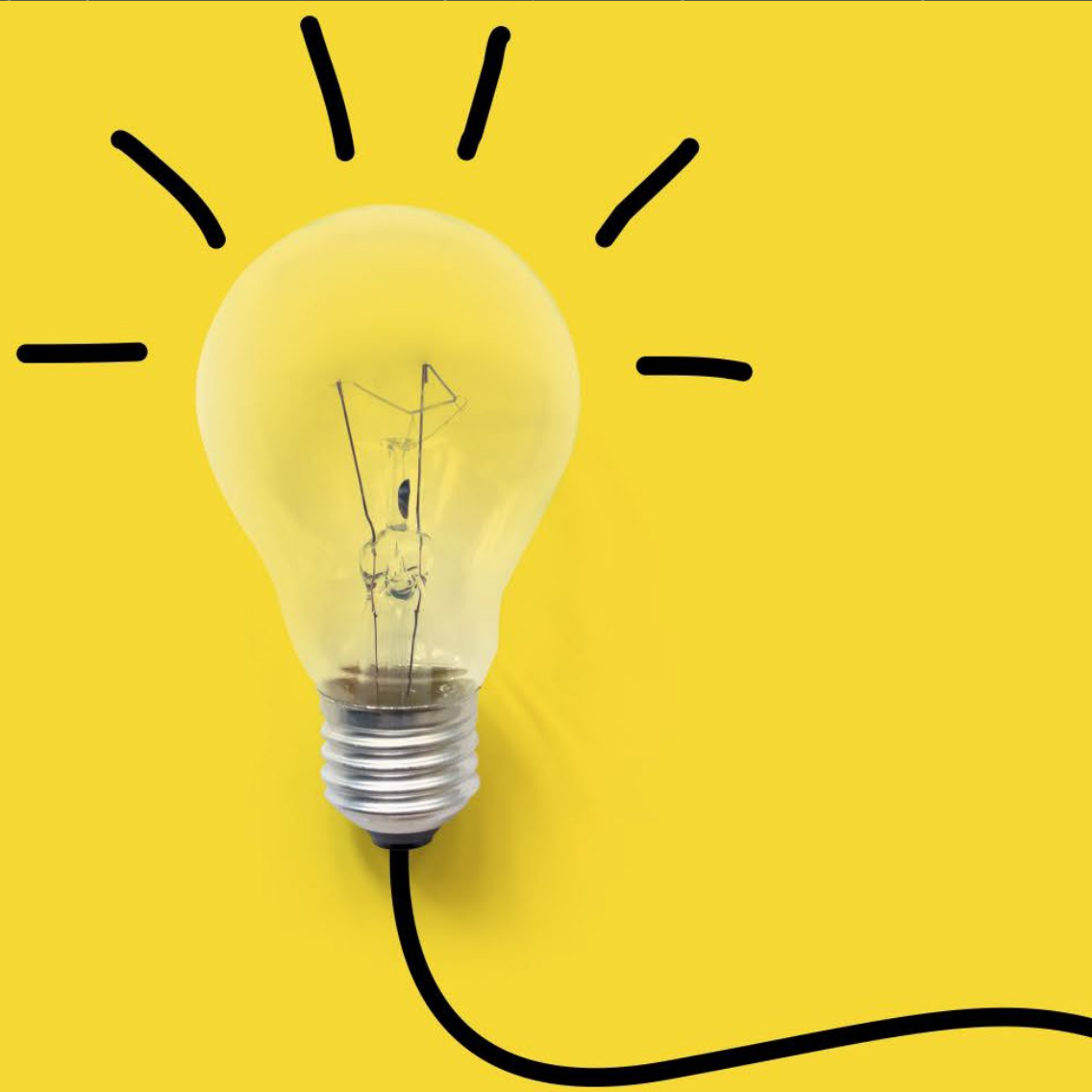
- Cover or keep an eye on your glass
- Never leave your drink unattended
- Do not accept a drink from a stranger unless you see it poured





Set Boundaries

- Set Boundaries
- Clearly Communicate
- Be Assertive, passivity may be interpreted as permission. (UNC Charlotte Police and Public Safety, 2021)
- Go as a group to watch out for each other



Bystander Intervention

- Take your cues from the person who seems to be in trouble.
- Do not overreact but pay attention.
- Doing nothing is not an option.

Use the Five Ds

Retrieved May 26, 2021:
<https://www.ihollaback.org/bystander-resources/>

Distract

Delegate

Document

Direct

Delay

Distract

Techniques

Go up and say	Go up and say hello, acting as if you know them
Interrupt	Interrupt asking for directions, the time, etc.
Say	Say, "There you are; I have been looking for you. Let's go to the bathroom."
Pretend	Pretend you know them. "I have not seen you in ages. How are you? Come over and let's talk."
Spill	Accidentally spill a drink or drop change on the floor between the harasser and the victim.



Delegate

Techniques

Look for someone who is in charge or can help:

- Security
- Bouncer
- Manager

Then follow up with the victim to see how to assist,



Document

Techniques

All phones have video capabilities.

- Have someone video the harassment
- This may turn out to be useful for the victim later
- Ask the victim what they would like to do with the video
- Never post it online



Delay

Techniques

- Stay with the victim to offer support
- Ask what would be useful
- Ask if the victim would like to be accompanied to their final disposition
- Offer to help make a report of the incident



Direct

Techniques:

Ask	Ask the victim how they are doing
Ask	Ask the victim if you or both should leave
Ask	Ask the victim if you should call for help
Emphasize	Emphasize to the victim they are not alone



The Four Ds is a training technique of [Hollaback.org](https://hollaback.org)



Questions,
Thoughts, and
Observations?